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HAVE A HAMMAM AT HOME

Our favourite experience when we visited Morocco was our afternoon in a hammam, where we were scrubbed and massaged before being doused in cold water and left to recover in a steam room. Essence of Morocco sells authentic spa products usually only found in hammams. apply the eucalyptus exfoliating soap (£12.50), then polish your body with a kessa glove (£5) for properly soft skin.

